

2009 “GARDEN STATE CUP XIII”

Taekwondo Championships

Sunday, November 08, 2009

Rahway Recreation Center, Rahway, New Jersey

DIRECTIONS

TO RAHWAY RECREATION CENTER – ONE CITY PLAZA, RAHWAY, NEW JERSEY
(Please use above address for [www. mapquest.com](http://www.mapquest.com) search)

FROM NORTH (NJ TPK, GEORGE WASHINGTON BRIDGE, LINCOLN TUNNEL)

- ~**New Jersey turnpike Exit 13.** Follow signs to **U.S. Routes 1 & 9 South / Linden.**
- ~Make a right turn onto East Milton Avenue. You will make this right turn immediately after “Dunkin Donut”. Go pass one light and the Recreation Center will be on you left at the corner of Milton and Main, behind Rahway City Hall.

FROM HOLLAND TUNNEL AND HUDSON COUNTY AREA.

- ~Once out of the tunnel, follow signs to **NJ Turnpike South to Exit 13.** Follow signs to **U.S. Routes 1 & 9 South / Linden.**
- ~ Make a right turn onto East Milton Avenue. You will make this right turn immediately after “Dunkin Donut”. Go pass one light and the Recreation Center will be on you left at the corner of Milton and Main, behind Rahway City Hall.

FROM SOUTH

- ~New Jersey Turnpike Exit 13.
- ~Follow directions of “From North”

FROM WEST

- ~**I-78 East (Exit 57) to U.S. Routes 1 & 9 South local.**
- ~Pass Newark International Airport on your left and Anheuser-Busch Brewery on your right.
- ~You will come to your first traffic light. (Counting this first light)-you will travel **twenty-seven (27) traffic lights** down U.S. Routes 1 & 9 South.
- ~On the eights (8th) traffic light, you will see “Daffy Dan’s Clothier“ on your left. And you will be going up a ramp. You will have 19 more lights to travel.
- ~En route, you will pass the Exxon oil refinery plant on your left.
- ~At the 27th light, you will make a right turn onto East Milton Avenue. Go pass one light and the Recreation Center will be on you left at the corner of Milton and Main, behind Rahway City Hall.

FROM GARDEN STATE PARKWAY SOUTH

- ~Exit 131 to Route 27 (you will be traveling either North or East on Route 27) to St. Georges Avenue.
- ~Stay on St. Georges Avenue and make a right turn onto East Milton Avenue. Recreation Center will be on your right, on the corner of Milton and Main, behind Rahway City Hall.

Please review these directions before you plan your travel arrangements. Should you need further assistance, please contact us at (201) 863-8282.

HAVE A SAFE TRIP!!